

# COURT ORDERED SERVICES INFO

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Our most frequently utilized service is our court-ordered programs, which are evidence-based, court-certified, and fully aligned with Batterers Intervention Program (BIP) standards. The process begins with a referral from a probation officer or the client, followed by an in-depth assessment. During this assessment, we gather information about the individual's mental health, family background, behavioral history, and any substance or alcohol use to determine the most appropriate program.

Once the assessment is complete, and in coordination with the court, we enroll the individual in one of our tailored programs. Throughout the program, our facilitators maintain close communication with the referring probation officer, providing monthly progress and attendance reports.

If a participant becomes non-compliant—defined as four missed classes, more than two missed payments, or violating our code of conduct—we notify their probation officer immediately to address the issue and support the individual in resuming classes.

Our code of conduct requires participants to: Keep a front-facing camera on throughout the class, use a working microphone. avoid reoffending, engage actively through listening and participation, and demonstrate a clear understanding of class topics

Upon completing the program, individuals must submit a final accountability and prevention plan, along with a formal completion report. For those needing continued support, we provide referrals, additional resources, and access to individual counseling as needed.

## ENROLLMENT AND ASSESSMENTS

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Assessments are required prior to enrollment in the Anger Management, Healthy Relationships, Shoplifting, and John School programs.



## CONTACT US

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# *Faithful Foundations Therapy*

WHERE HEALING BEGINS

# WELCOME

We are an online-based therapy practice dedicated to supporting individuals, couples, families, and groups through a wide range of mental health challenges. Our services include individual and relationship counseling, parenting courses, and court-ordered programs, all delivered with compassion and professionalism. While we use a variety of evidence-based strategies tailored to each client's needs, we believe that true healing begins with love, empathy, and understanding. This foundational approach allows us to provide the highest level of care—helping clients reach their personal goals and create lasting, positive change in their mental well-being. No matter where you are or what you're facing, we're here to extend a helping hand.

**This is where healing begins.**



## SERVICES

### HEALTHY RELATIONSHIPS PROGRAM

This 24 week program helps individuals build safer, stronger, and more respectful relationships. It covers key topics like communication, emotional regulation, mental health, parenting, and self-care. The program also addresses domestic violence and is often used as a court-ordered course for individuals involved in relationship or family related offenses. Participants gain tools to break harmful patterns, set healthy boundaries, and support personal growth. Whether you're here by choice or requirement, we're here to help you create lasting, positive change.

### SHOPLIFTING PROGRAM

This program offers a safe, supportive environment for participants to explore the emotional, psychological, and situational factors behind their actions. Through a combination of education, skill-building strategies, and therapeutic support, the program helps individuals address the root causes of shoplifting and develop healthier coping mechanisms to reduce reoffending.

### JOHN SCHOOL PROGRAM

Participants address sex solicitation and human trafficking through education and self-reflection. They learn about the impact of exploitation, understand the root causes of their behavior, and develop healthier habits. With support from others, they transform their thinking and make positive, lasting changes.

### ADULT AND YOUTH ANGER MANAGEMENT PROGRAM

This 12-week program helps participants identify their personal anger triggers and develop healthier responses. Through guided sessions, they learn effective communication, conflict resolution skills, and proven techniques to reduce and manage anger. The goal is to promote emotional control, accountability, and more positive interactions in daily life.

### INDIVIDUAL, MARRIAGE, AND FAMILY COUNSELING

Faithful Foundations Therapy offers professional, confidential counseling for individuals, children, couples, and families. Our licensed therapists use a range of evidence-based approaches to help clients manage stress, relationship challenges, anxiety, depression, and other emotional difficulties. We are committed to creating a safe, supportive space where healing and personal growth can take place for each individual.

### PARENTING CLASSES

We offer parenting classes using an evidence-based curriculum designed to support and empower parents. Our program provides practical tools, proven strategies, and expert guidance to help navigate the challenges of parenting while fostering strong, healthy family relationships. Whether you're a new parent or looking to enhance your parenting skills, our classes offer valuable insights to promote positive child development and family well-being.